



Diabetes: The Essential Guide (Revised edition)

By Sue Marshall

Need2Know. Paperback. Book Condition: new. BRAND NEW, Diabetes: The Essential Guide (Revised edition), Sue Marshall, Diagnoses of diabetes are on the rise across the UK. It is a chronic condition and living with it requires an understanding of what it is and how to treat it. With good advice and some understanding of what you're eating and the effect it has on your blood sugars, as well as a healthy dose of discipline, you can find a balance between having a chronic condition and having a healthy, happy life. This book will look at what the diabetic condition is, the difference between Type 1 and Type 2, how you became diabetic, the types of medication available and how you can manage it. Information and advice is also included for parents with diabetic children. Whether you have just been diagnosed with diabetes, or work, teach or live with someone who has the condition, this book will arm you with all the essential facts you need to know about diabetes.



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