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THE ZEN COMMANDMENTS: TEN SUGGESTIONS FOR A LIFE OF INNER FREEDOM



DEAN SLUYTER

Penguin Putnam Inc. Paperback / softback. Book Condition: new. BRAND NEW, The Zen Commandments: Ten Suggestions for a Life of Inner Freedom, Dean Sluyter, Maggy Sluyter, Maggy Sluyter, The Ten Commandments, like the edicts of all great religions, are an impeccable guide to right behavior. But they don't say much about the inner awareness from which outer behavior springs. Do the right thing, of course -- but better yet, find your inner light and doing the right thing will come...

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