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# THE HAPPINESS PROJECT: OR, WHY I SPENT A YEAR TRYING TO SING IN THE MORNING, CLEAN MY CLOSETS, FIGHT RIGHT, READ ARISTOTLE, AND GENERALLY HAVE MORE FUN



HarperCollins Publishers Inc. Paperback. Book Condition: new. BRAND NEW, The Happiness Project: Or, Why I Spent a Year Trying to Sing in the Morning, Clean My Closets, Fight Right, Read Aristotle, and Generally Have More Fun, Gretchen Rubin, Gretchen Rubin had an epiphany. One rainy afternoon on a city bus, she realised that she wasn't as happy as she could be. In danger of wasting her days - always yearning for something more, waiting for problems to miraculously solve themselves...

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- Authored by Gretchen Rubin
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