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Valvona and Crolla: A Year at an Italian Table

By Mary Contini, Philip Contini

Ebury Publishing. Hardback. Book Condition: new. BRAND NEW, Valvona and Crolla: A Year at an Italian Table, Mary Contini, Philip Contini, Valvona & Crolla has been described as 'the Sistine chapel of continental delis'. Founded in 1934 by the Continis' ancestors, the Italian shop and restaurant is legendary in food circles for its excellent food and drink. Now, co-owner Mary (author of the bestselling "Dear Francesca" and co-author of the "Easy Peasy Cooking" series) presents 200 delicious and authentic recipes. Organised season by season, the book offers a year of sumptuous delights from around the country of her heritage, together with recommendations for wines to match them. Starting with the festive flavours of winter, such as a creamy chestnut soup with smoked pancetta, moving on to the best of spring's vegetables with a broad bean and spinach frittata, fresh seafood dishes in the summer, and finishing with the truffles, olive pressings and slow-cooked casseroles of the autumn, this beautifully written and evocatively photographed book adds up to a food diary of personal stories, history, anecdotes and recipes, all imbued with the warmth and local knowledge that only a true Italian family, passionate about food, can deliver.



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